

FAQs

1. What food is included in an event fee?

Breakfast: Friday, Saturday & Sunday Lunch: Friday and Saturday Dinner: Friday and Saturday Meet and Greet: (assortment of cheeses, veggies and dip) Saturday Night, Dessert Bar: (Ice Cream and assorted desserts) We provide fresh Gatorade and water daily, fresh PBJ's, sliced fruits and single snacks for you to take on any of the rides. The snacks and drinks will be available daily at check in desk.

2. How will I know where to ride?

For your pre-paid fee, SBA feeds you and provides experienced bicycle ride/trail guides. Choose a ride or trail and sign up! We understand that many are novice riders ,so we have ride/trail guides that ride at different speeds. No one is left behind. We have "A" ride guide/ leaders that will provide a faster pace for the more experienced riders. Que sheets are also available. We understand that everyone does not ride at same pace or distance. We have short rides as well as longer rides including a century. We also offer a SAG (support and gear) vehicle if you have bike problems or get tired. Call us (we provide everyone with emergency numbers and our personal cells). Our SAG will help in any way. Including picking up your bike and transporting you and bike back to Stephen Foster State Park. Sign-up sheets will be conveniently available for you beginning Thursday after registration opens. These are important as it helps our guides prepare for you trip. On Friday morning sign-up sheets are moved to main check in counter at the entrance of Stephen Foster State Park. You will receive an event schedule one week prior to SBA SPRING PEDAL N PADDLE. The schedule will provide you with the overall rides and river events throughout the long weekend. There will also be a posted schedule at the check in counter.

3. If I do not get back in time to get lunch at the pavilion where will I eat?

SBA ride director has planned rides that have stores or restaurants along the way. SBA's PREMIERE ride on Friday is the (Hydroponic Hop), after your tour of the Gardens, a lunch will be delivered at the hydroponic gardens. Kayakers will make a sack lunch prior to departing for the kayak trip at Nelly Blys.

4. Are kayaks included in event fee?

No.

Local outfitters rent kayaks and canoes for a fee. SBA will provide you with phone numbers located on event schedule and in future emails. If you plan to participate in a kayak event please call Edwin McCook , SBA River Guide. Edwin will be guiding the Friday Ichetucknee and Saturday Suwannee River paddle. Edwin has a trailer that can accommodate several boats. He is an experienced river guide and will help you with all

kayak/canoes logistics. He will also help with coordinating pick up of rental boats on Friday and/or Saturday. **Kayaks/Canoes for Friday and/or Saturday's paddle can be rented from ACA (386-397-1309).**

5. I have someone in my group that is attending that does not wish to ride, kayak or hike, do they have to pay the full participate fee?

In order that SBA may continue to provide a well-staffed and enjoyable Spring Pedal 'n' Paddle, everyone camping on a SBA reserved site must be a registered participant We have included this non- participant fee at a reasonable price. Non-participants are able to participate in meals and evening socials. Non-participants are invited to tour the Hydroponic Gardens, but they must provide their own transportation.

6. Do I/we have to be a member of Suwannee Bicycle Association?

The Suwannee Bicycle Association is a non profit organization promoting bicycling, environmental education and appreciation of the Suwannee region. All proceeds from membership and events are used to develop more off-road bicycle trails, on-road routes, maintain our trail maintenance equipment, and offer a better cycling and paddling experience for everyone visiting the tri-county area. SBA has two membership levels: Annual Member and Single Event Member. Becoming an annual member of SBA has a number of benefits, not the least of which is providing you with the knowledge that you are doing your part to keep cycling and paddling alive in this area. Your Membership is effective for one year through the end of the month that you join or renew. We maintain our membership through MemberPlanet; they offer the best combination of tracking and renewals for a club of our size. Along with good karma, other benefits include:

- **A reduced fee** for our major events (IDIDARIDE, Suwannee Sweetheart, Spring Pedal 'n' Paddle, Fat Tire Festival)
- Access to our private events (Dog Days, Secret Santa, Unplugged Weekends)
- Early registration to limited access events (IDIDARIDE, Spring Pedal 'n' Paddle, Fat Tire Festival)

7. We have children, are there different activities and fees for children?

Yes,

- We have mountain bike clinics planned for children, parents/guardians are welcome to attend and participate. Parents not attending will need to ensure permission slips are signed along with contact information in case of any emergency.

- We have three different fee schedules for children to help young families participate in this event.

Annual Membership

Single Event Member fee

< 5 Free

< 5 Free

6-10: \$25

6-10: \$50

11-17: \$40

11-17: \$65